

Novedades en UpToDate (mayo 2022)



Nuevos temas: Perspectiva del Paciente (Patient Perspective)

UpToDate® Terese Bau Puig CME 3670 Cerrar

Contenidos Calculadoras Interacciones de fármacos UpToDate Pathways

< Atrás Buscar

Topic Outline

INTRODUCTION

BACKGROUND

DIAGNOSIS/TREATMENT

COMPLICATIONS AND FOLLOW-UP

COMMUNICATIONS/RESOURCES

WHAT I'VE LEARNED

RELATED TOPICS

Chronic spontaneous urticaria: Clinical manifestations, diagnosis, pathogenesis, and natural history

Chronic spontaneous urticaria: Standard management and patient education

Chronic spontaneous urticaria: Treatment of refractory symptoms

Patient education: Chronic hives (The Basics)

Patient perspective: Chronic urticaria

Author: Kristine E Bates
Section Editor: David A Khan, MD
Deputy Editor: Anna M Feldweg, MD

Contributor Disclosures

All topics are updated as new evidence becomes available and our peer review process is complete.
Literature review current through: **Apr 2022**. | This topic last updated: **Nov 08, 2021**.

INTRODUCTION

This topic was written by an individual patient diagnosed with chronic urticaria. It is intended to offer clinicians insight into the experience of a single individual from that individual's point of view. This description of a particular patient's experience is not intended to be comprehensive or to provide recommendations regarding diagnosis, treatment, and/or medication information. It is not intended to be medical advice or to be a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances.

For related **clinical** topics, please see:

- (See "Chronic spontaneous urticaria: Clinical manifestations, diagnosis, pathogenesis, and natural history".)
- (See "Chronic spontaneous urticaria: Standard management and patient education".)
- (See "Chronic spontaneous urticaria: Treatment of refractory symptoms".)

UpToDate also offers **patient education** materials. "The Basics" topics are short overviews written in plain language, at the 5th to 6th grade reading level, that answer the main questions a patient is likely to have about their condition. You can share this content directly with your patients:

- (See "Patient education: Chronic hives (The Basics)".)

BACKGROUND

I have been living with hives for approximately 15 years. One day, I woke up in the middle of the night with an itchy feeling on my legs. I turned on the light and found red welts all over my body. I panicked and decided to go to the emergency department (ED). I was taking medication for a sinus infection and was told that I was having an allergic reaction, even though I'd taken this medication in the past. I was told the welts were hives and that they would go away. I was given two days of prednisone and sent home. Two days later, the welts were back, so I returned to the ED. They gave me more prednisone and instructions to call an allergist, as the ED doctors and nurses didn't know what else to do.

The first months after my initial onset were a blur of different allergy medicines and anti-inflammatory medications; doctor appointments with an allergist and my primary provider; being placed on a salicylate diet; being taken off of my everyday medications such as blood pressure and birth control; switching out laundry detergents and my bath soap, anything that could cause hives; and more rounds of prednisone. It was exhausting, overwhelming, and frustrating to continue to see providers who were limited in their knowledge and frankly in their perspective of how challenging the hives were and how to help. My primary care provider was chiding me for being impatient and was so cavalier about my hives that I switched providers. I tried to be patient, but ultimately the "care" I received was not controlling the symptoms, and the experience fueled me to find someone else, someone more equipped, who could help. Instinctively, I knew there had to be someone who had answers.

UpToDate lanza los temas Perspectiva del Paciente (**Patient Perspective**), piezas escritas por pacientes sobre su experiencia con una enfermedad, desde las dificultades que tuvieron que superar para encontrar el diagnóstico correcto hasta cómo viven con su enfermedad: síntomas, medicación y efectos secundarios, impacto en sus relaciones, etc. Son temas sobre enfermedades que tienen un elevado impacto en la calidad de vida del paciente y que tienen por objetivo ayudar al médico a ser consciente de la experiencia del paciente con la enfermedad y promover la toma de decisiones compartidas.

Se pueden encontrar de 2 modos:

- Introducir en el buscador: *patient perspective* (o perspectiva del paciente)
- Ir a [Temas por especialidad \(topics by specialty\) / Primary Care / Patient perspective](#)

Se trata de un programa piloto que incluye aún un número limitado de enfermedades, entre ellas, urticaria crónica, enfermedad celíaca, Parkinson, anemia, osteoartritis de la rodilla, etc.

Novedad en el Registro de nuevos usuarios

Send New Code

Check the email account you submitted for a message containing a verification code. If you don't see the email, please check your spam folder. Paste or type the code below. The code is valid for 10 minutes. **No account data will be saved until the code is accepted.**

Submit Verification Code

UpToDate ha modificado ligeramente los pasos para registrarse en la plataforma. Desde mediados de mayo, después de rellenar el formulario, el usuario debe hacer clic en **Send New Code**. A continuación, deberá ir a su bandeja de correo electrónico y copiar un código enviado por UpToDate para verificar la cuenta. Este código debe ser introducido en el formulario de registro y hacer clic en **Submit Verification Code**. Después de este paso, el usuario ya habrá creado su cuenta de UpToDate.

El objetivo de esta nueva modalidad de registro es aumentar la seguridad. El usuario puede elegir el correo electrónico que desea introducir, el de su institución o su un correo personal.

Acceso a UpToDate en el flujo de trabajo

Cada vez más organizaciones incluyen un acceso a UpToDate en la **historia clínica**, puesto que facilita a los clínicos su utilización en el flujo del trabajo diario. Las organizaciones con UpToDate en la historia clínica tienen un uso más elevado del recurso, que está asociado a mejores resultados de salud y menores errores médicos y de medicación.


Tener este acceso en la historia clínica supone varias ventajas:

- No es necesario verificar la cuenta cada 90 días, ya que UpToDate identifica al usuario como único
- Adquisición automática de Créditos de Formación Médico Continuada
- Personalización de la plataforma (Favoritos, Alertas de Actualización, etc.)
- Más satisfacción con el uso de la historia clínica

El proceso técnico es sencillo y no tiene ningún coste. Para pedir este nuevo acceso en tu organización, póngase en contacto con:

Teresa Bau
Customer Success Specialist, Spain teresa.bau@wolterskluwer.com

21 de junio: Webinar con actualización y novedades de UpToDate

El **21 de junio (14h-14:45h)** puedes unirte a un **Webinar abierto de UpToDate** para conocer cómo sacar el máximo partido de la plataforma y las últimas novedades. Conéctate aquí  [Hacer clic para conectarse al Webinar](#)

Te invitamos a compartir el link con todas las personas que puedan estar interesadas.

